

DECLUTTER FOOD CHECKLIST

Go through every area of your home where you store food. Discard anything out of date. Donate anything you won't eat to a food bank. Reduce future waste by using what you already have.

Fridge

- Fresh produce
- Meat & fish
- Dairy
- Drinks
- Condiments
- Desserts
- Snacks
- Leftovers
- Containers

Other

- Check inside bags
- Check drawers & surfaces

Freezer

- Meat & fish
- Vegetables & Fruits
- Desserts
- Leftovers
- Containers
- Ready meals

Pets

- Wet food
- Dry food
- Treats

Pantry

- Spices
- Packet sauces and seasonings
- Dry food
- Snacks
- Canned goods
- Sauces
- Oils & vinegars
- Conserves/ peanut butter
- Containers

Drinks

- Tea
- Coffee
- Soft drinks
- Alcohol